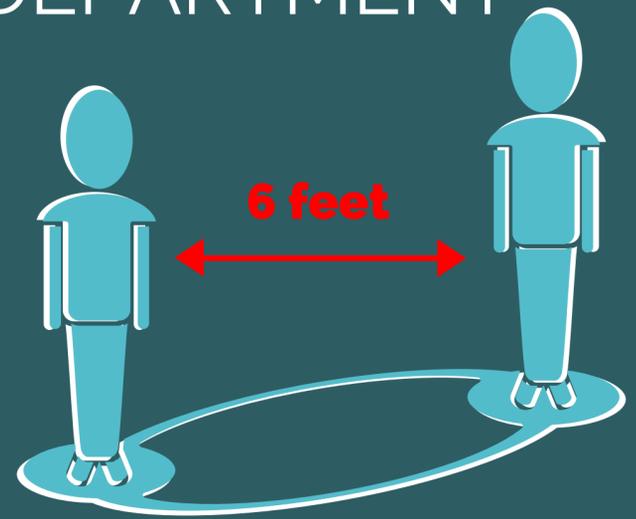


STOP *the* SPREAD *of* COVID-19



Stay-At-Home

means that individuals only leave their homes if it is essential, such as purchasing groceries or fulfilling medical needs.



- Stay-At-Home orders help stop the spread of disease
- Remaining at home limits the potential exposure and the spread of disease can begin to slow and even stop



Quarantine

means the restriction of movement by a person who has been exposed to a contagious disease.

- If you are under quarantine, you should NOT leave your home unless seeking medical attention. If you need immediate medical attention, please call the healthcare facility before you leave your home
- Quarantine is NOT traveling, making a quick stop into a store, going through a drive through, dropping something or someone off at another location, going to a park, etc. Quarantine means you do not leave your home

How long should I Quarantine?

- A minimum of 14 days immediately upon return from travel or exposure to COVID-19

When should I Quarantine?

- If you have recently traveled outside of your community
- If you have been exposed to someone with COVID-19
- If it is recommended by local health authorities or your doctor

When can I stop Self-Quarantine if I was never diagnosed with COVID-19?

- If you have completed your 14-day quarantine and have not had a fever, cough, or shortness of breath

Isolation

means the separation of sick people from those who are healthy. If you are in isolation, you should NOT leave your home unless seeking medical attention.

If you need medical attention, please call the healthcare facility before you leave your home.

When should I Isolate?

- If you are sick
- If you are confirmed to have COVID-19

How do I Isolate?

- If you are in isolation and other people live in your household, you should stay in a room by yourself. You should not have ANY contact with other members of your household

How long should I stay in Isolation?

- Until a medical professional determines you are no longer sick, or until the local health authorities clear you from isolation

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Public Health
Prevent. Promote. Protect.
Taney County Health Department

